



The Appleton School Parent Bulletin

15.11.24

Key Dates

Flu vaccination all year
groups
21st –22nd November

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House System

Congratulations to all pupils in Year 7, 8 and 9 and 10 for your achievement points that you have earned since the start of the academic year.



House	Grand Total
Austen	8999
Nightingale	9134
Tull	10085
Turing	9717
Grand Total	37935

Attendance & Achievement

How much does attendance impact on achievement and success?

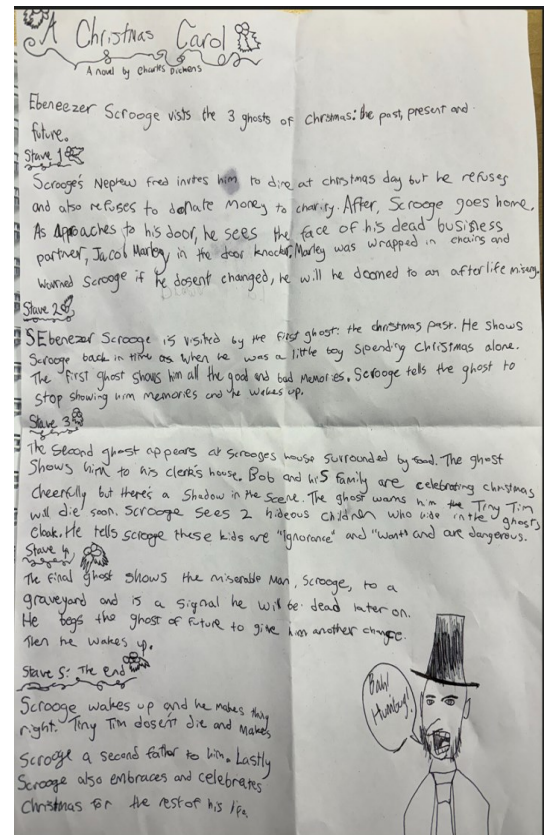
The school's expectation of attendance is at least 97%. The impact on good attendance on your progress is shown in the table below with 94 % of students achieving their target grades at the end of year 11. The higher your attendance the best possible chance of personal success!

Attendance %	Achieve expected target grades.	You will only achieve your target grade in:
<80%	20%	2 of your subjects
80-84.9%	33%	3 of your subjects
85-89.9%	46%	4 of your subjects
		You will achieve your target grade in:
90-91.9%	53%	5 out of 9 subjects
92-95.9%	75%	7 out of 9 subjects
96%	84%	8 out of 9 subjects
97%	94%	9 out of 9 subjects



Shoutouts

Miss Sullivan would like to give a shout out to Oliver Jeffs and Jessica Parsley for their continued excellent effort on their homework in drama.



Mr Francis would like to give a shout out to Buhlebethu Hlongwa (9x2).

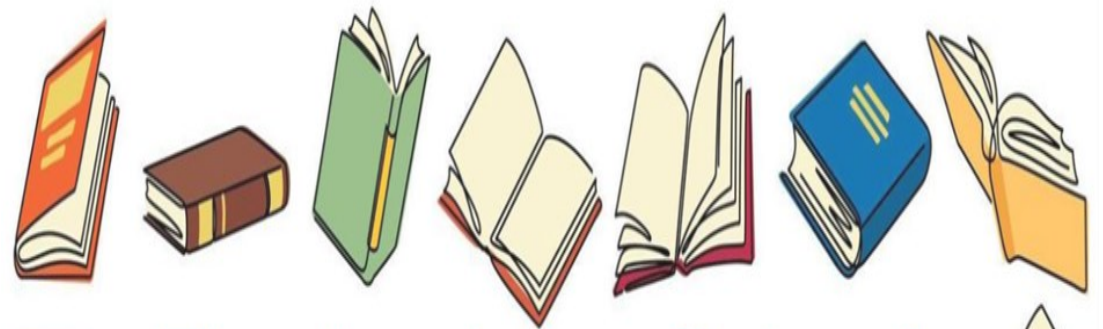
Always pro-active in class, and when she was unable to attend a class, took the initiative to collect her book, and update all the lesson notes from another student, so that her book was up to date.





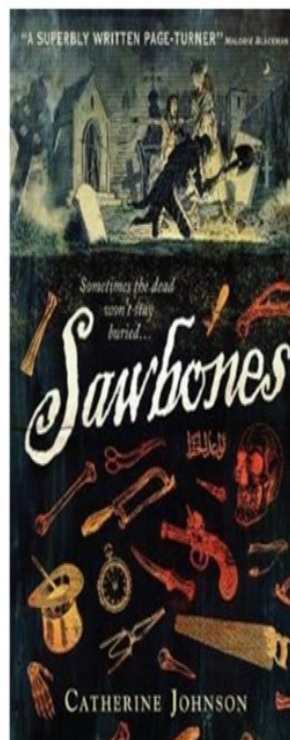
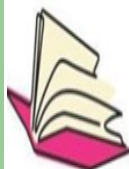
General Notices

Book of the Week



The Appleton School

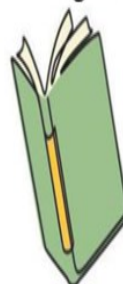
Book of the week



Title: Sawbones

Author: Catherine Johnson

Sixteen-year-old Ezra McAdam has much to be thankful for: trained up as an apprentice by a well-regarded London surgeon, Ezra's knowledge of human anatomy and skill at the dissection table will secure him a trade for life. However, his world is turned on its head when a failed break-in at his master's house sets off a strange and disturbing series of events that involves grave robbing, body switching ... and murder.





PE Fixtures

Monday 18th November 2024

Year 7 Net ball Sweyne Park (A)

Tuesday 18th November 2024

Year 7 Rugby King Edmund (A)

Wednesday 20th November 2024

Year 8/9 Lee Valley Indoor Athletics

U12 Essex Cup Netball Chelmsford County High School (H)

Thursday 21st November 2024

U12 Essex Cup Football Bromford's (H)

PE Shoutouts

On Tuesday 12th November The Appleton Cross Country team took part in the Castle Point and Rochford District Cross Country. I am delighted to say for the 2nd year in a row Appleton finished 4th place overall. This was the highest number of competitors Appleton has taken to a cross country competition. The stand out performs were:

Demi Robinson - 2nd Place Year 9 Girls

Buhlebethu Hlongwa - 4th place Year 9 Girls

Oliver Bard - 4th place Year 7 Boys

Alicia Morton - 10th place Year 11 Girls

Years 8-9 Girls Team 2nd place in the team competition

Harrow Schools Cross Country Competition - On Thursday the Junior Girls Cross Country team represented the school at Harrow Schools Cross Country Competition I am delighted to announce the girls came 3rd place overall!

Well done to every student who represented the school at both competitions this week!

Mr Rowe, Head of Physical Education



Charles Dicken's A Christmas Carol

On Friday 15th November, we welcomed the Quantum Theatre Company into our school, who put on a brilliant performance of Charles Dicken's famous novel A Christmas Carol for all of our Year 10 students. We really hope that students enjoyed seeing the actors bring to life this famous novel!





The Appleton PTA

The Appleton PTA would like to raise money for students here at The Appleton School. Please see attached our flyer advertising our first event of a raffle with three hamper prizes, all kindly donated by Tesco. If you would like to be in with a chance of winning, Mrs Glyn will be selling tickets Wednesday and Friday breaktimes in N11. Good luck everyone!





ESSEX FIRE MUSEUM FAMILY OPEN DAYS



Essex Fire Museum November

Free entry, but
booking is essential as
we are on an active fire
station site.

Contact us to book:
[museum@essex-
fire.gov.uk](mailto:museum@essex-fire.gov.uk) or 01376
576847.

Open Day

10.30am to 4.00pm
(Last entry: 2.30pm)



Date: 24th Of November



Essex Fire Museum Christmas Open Day (With our Santa's Grotto)

Free entry, but
booking is essential as
we are on an active fire
station site.

Contact us to book:
[museum@essex-
fire.gov.uk](mailto:museum@essex-fire.gov.uk) or 01376
576847.

10.30am to 4.00pm
(Last entry: 2.30pm)



Date: 15th Of December

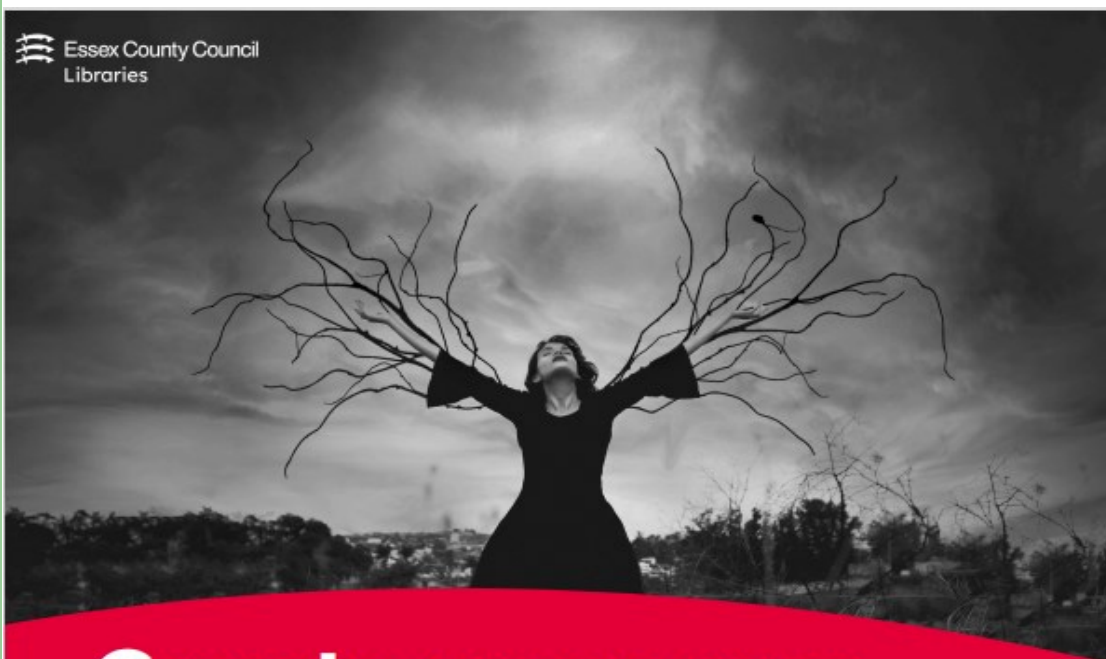




Essex County Council

We are seeking the help of young people to decide what kind of event they would like Gina to run. We would like as many as possible to fill in our two-minute survey and would be very grateful if you could publicise it to your students: <https://forms.office.com/e/NVGyZMWHpm>.

 Essex County Council
Libraries



Create your own fairy tale

with our new Author in Residence
Gina Blaxill

Chelmsford Library

Saturday 14 December
1.30-2.30pm (age 12-14)
3-4pm (age 15-17)



Book via
library-events.essex.gov.uk



Salvation Army

The Appleton community would like to support local families as best we can. Leading up to winter break we will be collecting donations. These items should be long life and within date. These will be collected by each form and we will hand over our bulk donation on the 18th of December. More information will be provided to students in form time

Who uses foodbanks?

There is not stereotype. People will need foodbanks at different times for different reasons. Some reasons may include: illness, unexpected costs, rising cost of living or interruptions in earnings.

Who are we collecting for:

Salvation Army

<https://www.salvationarmy.org.uk/news/all-aboard-salvation-armys-new-community-supermarket>

Responding to the cost of food, The Salvation Army is working in partnership with Essex County Council and Feeding Britain by jointly funding this initiative which aims to bring some relief to local people who are struggling to make ends meet.



Parent Support Sessions



Parent Support Sessions



Parent Support Session course delivered by Mr Clout
Starting on Tuesday 17th September the course runs for 10 weeks during term time. This course is open to all parents and covers the following topics:

- The parenting philosophy induction session.
- The tug of war!
- Active Listening.
- Praise and Encouragement
- Whose problem is it?
- Consequences!
- Good days and bad days!
- Managing the stress
- Supporting the vulnerable child

The course will run from 6.00pm - 7.30pm on the following dates in N4 at The Appleton School:

- Tuesday 17th, 24th September 2024
- Tuesday 1st, 8th, 15th, 22nd October 2024
- Tuesday 5th, 12th, 19th, 26th November

If you wish to attend please call the school and register your interest on 01268 794215 or email your interest to

info@theappletonschool.org



Attendance



Being In School, On Time Really Matters



Did You Know... ?

If your attendance	You would miss	you are likely to achieve your target grade in
was 97%	5 days of school	9 out of 9 GCSEs
was 95%	9 days of school	7 out of 9 GCSEs
was 92%	15 days of school	5 out of 9 GCSEs
was 90%	19 days of school	4 out of 9 GCSEs
was 85%	29 days of school	3 out of 9 GCSEs

WE WANT YOU TO ACHIEVE YOUR BEST

Check your current attendance using the Edulink App

100% Attendance



Did you know that all students with 100% attendance are entered into a weekly prize draw for a Golden Ticket to jump the queue at break and lunch?

And students with 100% attendance all term receive a special attendance award!

ATTENDANCE

Attendance Matters



Research shows us that there is a direct link between pupils attendance at school and how well they achieve

Congratulations to the following tutor groups who had the best attendance in their year group this week.

702	Miss Gough	96.6%
803	Mr Campbell-Murphy	94.4%
909	Mr Kyprianou/Miss Bowles	95.1%
1005	Mrs Wilson/Mrs Starling	95.8%
1109	Miss Clifforth/Mrs Manning	94.9%



General Notices

Vision and Values

Currently, our students are reviewing the core vision and values of our school. Our vision is that we are “achieving excellence” together. Our core values help us learn important qualities and behaviours that encourage us to be responsible and kind citizens, and help us grow as individuals and in friendships.

- ⇒ **Respect:** We should appreciate everyone in our community. We are all unique and deserve kindness. We should also take care of our school family and wider community.
- ⇒ **Resilience:** It's important to face challenges bravely. We can learn from our mistakes and successes. We should be ready for changes and handle tough times calmly.
- ⇒ **Community:** We are all part of the Appleton family. Let's all work together to make our school a happy place. We should be proud of our diverse community and get involved.
- ⇒ **Aspiration:** We should aim high and always try our best. Let's work hard to do well in everything we do.

Respect

Recognise the value we all give to society. Recognise we are all different from one another and deserve respect. Care for our immediate and wider environment. With respect being fostered by our community we will **excel together**.

Resilience

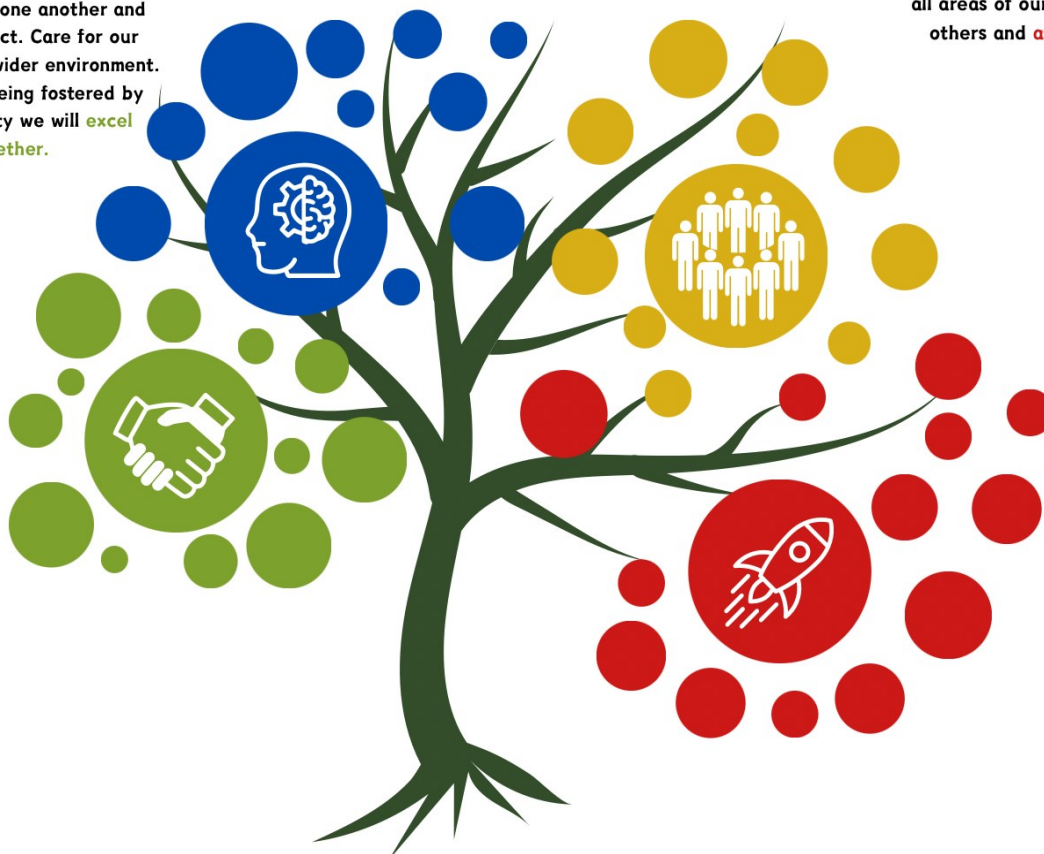
Embrace the opportunity to face challenges. Value the chance to learn and grow from both our successes and mistakes. Adapt to change and manage stress to overcome set-backs, leading to us to **persevere together**.

Community

Commit to making a positive contribution to our Appleton Family. Value and connect with our diverse community with purpose and pride. By working together we will **innovate together**.

Aspiration

Commit to ambitious individual goals and have high expectations. Demonstrate motivation to thrive in all areas of our lives. To inspire others and **aspire together**.





Safeguarding

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING

Courses like *likeability* are extremely useful, and training in general has come a long way since cycling proficiency began; there are *likeability* courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together, who knows – maybe, in time, you'll have other folks asking to join you!

10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

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Essex Library Service

Essex Library Service has recently appointed its first ever Author in Residence specifically for young people. Over the coming year Gina Blaxill will be holding a number of creative writing events for 12-17 year olds, beginning with a pair of workshops, "How to create your own fairy tale". A poster for this is attached.

We are seeking the help of young people to decide what kind of event they would like Gina to run. We would like as many as possible to fill in our two-minute survey and would be very grateful if you could publicise it to your students: <https://forms.office.com/e/NVGyZMWHpm>.



ACL

COMMUNITY & FAMILY LEARNING

FREE

ONLINE WORKSHOPS
FOR
PARENTS & CARERS

NEW session
subjects added
regularly!

SETTING BOUNDARIES
MANAGING BIG EMOTIONS
UNDERSTANDING CHILDREN'S ANXIETY
SAVE ENERGY, SAVE MONEY
WINTER BUDGETING



SCAN ME

FOR MORE INFORMATION, OR TO ENROL...[SCAN QR CODE](#), [CLICK HERE](#), OR [VIEW WEBSITE](#).

NEED HELP? EMAIL ACL.FAMILYLEARNING@ESSEX.GOV.UK



'FAMILY LEARNING'
ACLESSEX.COM



Essex County Council



General Notices

Uniform

During the school term we have noticed that the students' uniform is not meeting the usual high standards and we ask for parental support in ensuring the students are meeting the expectations. Going forward we will be confiscating any items that are not part of our uniform policy, this includes jewellery and sports tops/hoodies.

In warmer weather we permit students to take off blazers but they should be on their person and a sports jacket or hoody should not be worn as a replacement.

A link to the school's uniform expectations is here: <https://theappletonschool.org/parents/uniform-and-equipment>.

If there are any issues with uniform e.g. shoes are broken, then please just send your child in with a note so an exemption pass can be issued.

FAQs

1. Why a focus on uniform?
The school represents that students are part of the Appleton Community and we want them to be proud of that fact , exactly how a sports team wear the same kit.
2. But uniform does not impact their education?
There have been various studies on this over the years, but a uniform takes off the pressure from students and parents to have the latest designer clothing to allow them to focus on their learning. Further to this , it reduces points of conflict with staff, by meeting the basic uniform expectations means that everyone can focus on the learning in a positive learning environment.



FORMAL PRACTICAL BLACK LEATHER SHOES (or faux leather alternative) which must have a heel and black laces (where applicable).

Not permitted:
Sports brands, emblems or logos, Canvas shoes, flat sole style shoes, trainers, high heels or boots

PLAIN BLACK, FORMAL TROUSERS, which go over shoes.

Not permitted:
Jeans, cropped trousers, stretchy, jersey or Lycra. Skinny-fit trousers, jeggings or leggings, brushed cotton/ chino style trousers.

OR

FORMAL BLACK KILTIED SKIRT
Approved length 22 inches

Not permitted:
Stretchy, Jersey, Lycra or tube style skirts

MAKE UP AND JEWELLERY

- No false eyelashes
- No nail polish or acrylic nails
- No excessive make-up
- Students are allowed one ring of sensible size, a watch and one stud earring in each ear, no other piercings are permitted.
- No other jewellery allowed

For further details visit the uniform section of The Appleton School website



**THE APPLETON
SCHOOL**

Croft Road
Benfleet
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SS7 5RN

Phone:
01268 794215

Email:
info@theappletonschoo.org

Website:
www.theappletonschoo.org

Quick Links

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[Never Acceptable](#)

Autumn Term Dates

Friday 20th September **Non-pupil day**

Monday 28th October – Friday 1st November **Half term**

Friday 20th December **Last day of term**

Spring Term Dates

Friday 3rd January **Non-pupil day**

Monday 6th January **Students return**

Monday 17th February- Friday 21st February **Half term**

Friday 7th March **Non-pupil day**

Friday 4th April **Last day of term**

Summer Term Dates

Monday 21st April **Bank Holiday**

Tuesday 22nd April **Students return**

Monday 5th May **Bank Holiday**

Monday 26th May – Friday 30th May **Half Term**

Friday 18th July **Last day of term**

Monday 21st July **Non-pupil day**

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SCHOOL**

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GCSE Revision Resources

We have provided a wide range of resources to aid your child when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/students/revision-resources>

A-Level Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/sixth-form/student-life/ks5-resources>

Extra-Curricular Clubs and Activities

Please click on the following link to go direct to the site:

<https://www.theappletonschool.org/parents/clubs-and-activities>

Alternatively, you can access the time tables directly via the following links:

<https://www.theappletonschool.org/user/pages/04.parents/19.clubs-and-activities/Extra%20Curricular%20Clubs%20&%20Activities%20-%20AUTUMN%20TERM%202024.pdf>

<https://www.theappletonschool.org/user/pages/04.parents/19.clubs-and-activities/Extra-Curricular PE Autumn Timetable.pdf>